

More winter training & competition practice with Simon Lawrance to prepare for the BE 2012 season

The focus will be competition practice, which is just like exam practice. The more you do the better you get. Interspersed amongst these will be vital training sessions to keep you on track.

Providing there is sufficient demand, Simon will be at some of the competitions to warm you up and, where possible, to watch your round and offer advice on ways to improve. You are encouraged to take a video of your round for analysis afterwards. It has proved an invaluable training aid used by top professionals to great effect. For the training sessions at Lyneham you will be divided into small groups at the appropriate level with specific times given nearer the date. For the 2 day camp more details will follow, but the aim is to give practice in dressage, show jumping & XC to prepare you fully for your first competition.

Group sessions are fun and educational for both horses and riders.

Children and adults of any level all welcome.

* Enter these competitions independently (see attached document for links to websites for entries and/or information) and pay Simon £10 on the day if you wish him to warm you up and watch your round/offer advice on video. Email Sam on info@lynehamheathequestrian.co.uk with the dates & classes you want to do so she can plan Simon's agenda.

** Apply by email to Sam on info@lynehamheathequestrian.co.uk stating clinic, date, & your level. All prices include venue hire & you pay on the day.

DECEMBER 2011

20th Addington BS Show Jumping competition*

23rd Summerhouse Hire of BS Jumping course for practice competition rounds with Simon
£40 incl venue hire – apply to Sam Sandberg on info@lynehamheathequestrian.co.uk

JANUARY 2012

3rd Addington BS Show Jumping competition*

17th Individual Flatwork (£40) or group Gridwork & gymnastic jumping (£30) or both at Lyneham**

18th Addington Arena Eventing competition - all 3 phases on a surface*

22nd Evenlode Riding Club Dressage competition at Lyneham*

24th Individual Flatwork (£40) or group Gridwork & gymnastic jumping (£30) or both at Lyneham**

28th Hartpury unaffiliated Dressage competition*

29th Ditch/water/bank training at Lyneham (£30 per horse)**

31st Individual Flatwork (£40) or group Gridwork & gymnastic jumping (£30) or both at Lyneham**

FEBRUARY 2012

5th BE JAS competition at Solihull *

7th Individual Flatwork (£40) or group Gridwork & gymnastic jumping (£30) or both at Lyneham**

12th BE JAS competition at Hartpury*

15th Individual Flatwork (£40) or group Gridwork & gymnastic jumping (£30) or both at Lyneham**

18th/19th 2 Day camp at Lyneham (£80 per day). Horses welcome to stable overnight £25 per night**

21st Addington BS Show Jumping competition – final practice before BE JAS final*

22nd Individual Flatwork (£40) or group Gridwork & gymnastic jumping (£30) or both at Lyneham**

25th BE JAS final competition at Addington*

26th Evenlode Riding Club Dressage Competition at Lyneham*

Simon Lawrance, 4*event rider and BE accredited trainer UKCC Level 3, is always available for private instruction throughout the year. Contact him direct on simon.lawrance@talktalk.net or call or text 07799 414 154.

Venue: Lyneham Heath Farm, Lyneham, Nr. Chipping Norton, Oxfordshire OX7 6QQ. Tel 01993 832 585 or 07836 657 395
www.lynehamheathequestrian.co.uk